



# KIWOKO NEWS

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**WE TREAT...JESUS  
HEALS**

## WORD FROM .....DR. PETER ACTING MEDICAL DIRECTOR

Welcome again to our News letter. As we send out the 3<sup>rd</sup> edition of our News letter we, the Kiwoko family, would like to start by wishing Ken and Judith Finch all the best in their new work at IHK- Kampala. Thank you both for the tremendous 6 and ½ years of your life you poured into Kiwoko! Indeed part of your legacy, Ken, was starting this very News letter.

We have also recently welcomed back the Wilson family from their 6 months furlough. It's exciting watching you settle back in and hearing all about your time away.

It is a rare honour and privilege to have served Kiwoko twice as Medical Director. The Greek philosopher Heraclius once said "You can not cross the same river twice" because both the river and you are constantly changing. As I look back at the last 6 months I feel as if he wrote those words to describe my experiences. It is the same Kiwoko but also a very different one! Yet in the midst of all this growth..., this change..., the challenge remains to see that God is still very much in control. He is still at work in this place and in our lives.

Good reading and happy Jubilee!

*Peter Serwadda*

## THANK YOU KEN & JUDITH!!

Ken and Judith worked at Kiwoko for 6 and half years. We can only say Thank you and you will always be missed by everyone!!! We asked them to write something and this is what they wrote;

Whenever visitors to Kiwoko have to say their goodbyes we were always glad not to be the ones leaving, but the day has come for us to also say farewell..." This was the opening line of our Kiwoko Hospital farewell speech on 14<sup>th</sup> September and indeed it was a sad moment. It has been our privilege to serve in Kiwoko over the past six and a half years. We thank our dear friends and colleagues at Kiwoko for accepting us to be part of the hospital and wider community.

We thank God for the wonderful blessing we have known during our time at Kiwoko Hospital. Thank you to all of you from outside Kiwoko who faithfully support the work of the hospital through your friendship, prayers and practical support. It is your support that continues to keep the work of Kiwoko Hospital going. Thank you for all your encouragements along the way. As we write this, we are settling into our new lives in Kampala. Both of us are working for IMG, the organization run by Dr Ian Clarke, the founder of Kiwoko Hospital. Life here is very different and we do miss Kiwoko, however we believe God has brought us here for a purpose and we are excited to see what He has in store for this new chapter of our lives. We put our hope and trust in Him.

"...Jesus himself came up and walked along with them." Luke 24:15

With our heartfelt thanks and with our continued prayers for the work and ministry of Kiwoko Hospital. God bless and keep you,

*Ken and Judith !!*

**MWEBALE NNYO NNYO NNYO !!!**



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## LATEST NEWS



New Doctors



Walkers



Runners



Baby Jesse

We have three new Doctors who joined us in this quarter, Diana Nassike, Natasha Knibbs and Mushin Nsubuga. You're welcome to Kiwoko hospital. Dr. Anne Wesonga and Dr. Adam Ddamulira left us in the same quarter. Thank you for your contribution over the years you were here and God Bless you wherever you go.

Kiwoko Chase was such a beautiful event this year, as we were saying goodbye to the founders and patrons of this event Ken and Judith Finch. The winner of the runners was Adama Alex in the security department and among the walkers the winners were Kyakuwa Josephine a cleaner and William Namugera a part time casual staff. There were numerous prizes such as cups, plates, certificates, chairs, mattresses, lamps and blankets. The whole Kiwoko Hospital family enjoyed the day.

On this year's event of Kiwoko chase the ASPEN group who're our sponsors missed most of the event due to flight delays. Their support was still greatly appreciated and everyone was delighted when they went running the next day using the same route as the official runners.

We had some ISIS visitors over i.e. Anubha Rawat, Cabrie Kearns, Jasminah Woodhouse. We are grateful for the assistance given to us and hope you enjoyed your stay here.

Dan Kabugo the in-charge of the Laboratory visited USA to help Dr. Jim launch FOKH-USA. He said the feedback was good and our prayer is that this comes to fruition as a means of communicating the good news about the work of Kiwoko hospital and encouraging other supporters within America. Welcome back Dan Kabugo. Please God, may this seed they have sown be fruitful.

The Kiwoko family is now bigger with so many new borns; Jesse, Robbie, Eunice, Elizabeth, Rich, Arafat, Juliet and Janet.

Dr. Rory, Denise and Gideon Wilson welcome back home to Kiwoko. We hope you had a lovely time and accomplished most of the work you wanted done.

## MATERNITY WORKSHOPS



Maternal and infant death rates are high in most countries in Africa, including Uganda. There are many reasons for that. One of the reasons is inadequate skill levels in midwifery and medical staff. With this background, Kiwoko maternity department recently organised a series of one-day workshops. The aim was practising clinical skills in various situations. Each workshop had on average 10 people attending. The topics that we covered were: 1. Breech deliveries, 2. Foetal heart rate monitoring, 3. Shoulder dystocia, 4. Normal delivery, 5. Neonatal resuscitation. Each person attending had the opportunity to get hands on practice on the models that we used for the training. The training in foetal heart rate monitoring introduced staff to a method of identifying early warning signs for foetal distress. Kiwoko is one of the very few maternity units in Uganda where electronic foetal heart rate monitoring can be done, but up till now staff were not trained in the interpretation of the findings. We are now in the process of applying the skills that we learned in our every day practice on the labour ward.

This was the first time such a workshop had been organised at Kiwoko. The feedback has been very encouraging. The plan is to make this a regular feature with other topics planned and revision of the previous ones.

**DR. CORRIE VERDUYN**



## Sr. SARAH KYAMULABI

Sarah Kyamulabi is the Deputy Principal Tutor of Kiwoko Nursing Training School. She has served Kiwoko since January 1990. She started here as a ward helper, a young girl who had just completed her senior four examinations. The hospital after seeing her capabilities and interest in nursing decided to take her for a Nursing course after 4 years of service. In 1994, she enrolled at Kuluva Nursing Training School in Arua district (in those days there was no school of nursing at Kiwoko) and after two and half years she qualified as an Enrolled Nurse with a certificate in Nursing. She was further sponsored to go for a diploma in nursing course at Mengo Nursing School in Kampala after which she was further sponsored to go for a diploma in midwifery at Mengo School of midwifery for 18 months. By this time Kiwoko hospital had opened our own Nurse training school and Sarah was sent there as a clinical instructor. Because of her great work Sarah again got a scholarship to study at Queen's University in Belfast, Northern Ireland. She is so grateful to Friends of Kiwoko Hospital (FOKH) N.Ireland and Compassion Canada who catered for her meals and upkeep and paid for her accommodation and travel respectively. To this day, Sarah is appreciative for all the Love and care she received from during her school days. At Queens University she did Bachelor of Science in Nursing and later received a post graduate certificate in Tutorship at Mulago Tutors' College in Kampala after which she continued with her work in the Nurse Training School until now.



During her free time, Sarah is involved in the Kiwoko Hospital Ward Radio ministry, sings and leads Praise and Worship in the morning chapel. Her passion for Christ has seen her get involved in the Prison Ministry. This ministry involves visiting prisoners and preaching to them the word of God as well as counselling.



All these years she has spent in Kiwoko, Sarah has made so many friends; she also says that she owes her current status to the hospital and its partners. In her own words Sarah had this to say; *"Kiwoko hospital got me from being a ward helper to a deputy Nursing principal with qualifications from the best institutions in Uganda and N. Ireland, who am I to deserve this? Thank you Kiwoko!!"*

Her challenges are; losing friends some she considers to be good nurses, taking tough decisions as an administrator in the school and she misses being on the wards, so that she can treat patients.

We want to say thank you to all those supporting or have supported Kiwoko staff in their struggle to improve their careers and go higher in Education. We are privileged to be supported in such ways. Thank you so much and God Bless you all.

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